

**Your Children First Inc.**

Fleetwood, PA

Wednesday, July 13, 2011

Monthly Menu

July 2011 [Meal -- B]

Monday	Tuesday	Wednesday	Thursday	Friday
				1 muffins milk OJ
4 toast milk OJ	5 bagels milk OJ	6 cereal milk OJ	7 French Toast milk OJ	8 waffles milk OJ
11 toast milk OJ	12 English Muffins milk OJ	13 cereal milk OJ	14 pancakes milk OJ	15 Muffins milk OJ
18 toast milk OJ	19 french toast milk OJ	20 cereal milk OJ	21 bagels milk OJ	22 waffles milk OJ
25 toast milk OJ	26 pancakes milk OJ	27 cereal milk OJ	28 English Muffins milk OJ	29 muffins milk OJ

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Monthly Menu

July 2011 [Meal -- S1]

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Crackers milk
4 Sugar Wafers Milk	5 Yogurt Juice	6 Bananas milk	7 Pudding milk	8 Raisins/Craisins milk
11 Animal Crackers milk	12 Fruit Cup milk	13 Goldfish milk	14 Peaches milk	15 Breakfast Bars milk
18 Cheese Crackers milk	19 Yogurt milk	20 Apples milk	21 Pears milk	22 Raspberry Shortbread cookies milk
25 Breakfast Bars milk	26 Applesauce milk	27 Bananas milk	28 Pudding milk	29 Cheese Crackers milk

# Your Children First Inc.

Fleetwood, PA

Wednesday, July 13, 2011

## Monthly Menu

July 2011 [Meal -- L]

Monday	Tuesday	Wednesday	Thursday	Friday
				1 pizza pineapples milk juice
4 Hot dogs Applesauce juice milk	5 mac and cheese fruit cup juice milk	6 Italian Day green beans juice milk	7 chicken patty mixed milk juice	8 pizza applesauce milk juice
11 PB & J sandwich green beans milk juice	12 cheeseburger oranges juice milk	13 Italian Day peas juice milk	14 chicken nuggets applesauce juice milk	15 pizza pineapple chunks milk juice
18 Mac & cheese Broccoli milk juice	19 chicken patty corn applesauce milk	20 Italian Day fruit cup juice milk	21 hot dogs mixed juice milk	22 pizza applesauce milk juice
25 cheeseburger french fries juice milk	26 chicken nuggets green beans juice milk	27 Italian Day peas juice milk	28 meatballs oranges juice milk	29 pizza pineapples milk juice

**Your Children First Inc.**

Fleetwood, PA

Wednesday, July 13, 2011

Monthly Menu

July 2011 [Meal -- S2]

Monday	Tuesday	Wednesday	Thursday	Friday
				1 chips and salsa juice
4 Pretzel Crisps juice	5 cheese and crackers juice	6 Chewy granola bars juice	7 popcorn juice	8 vanilla wafers juice
11 Pretzels juice	12 chips and salsa juice	13 string cheese and crackers juice	14 chocolate chip cookies milk	15 cheez-its juice
18 vanilla wafers juice	19 granola cracker w/ PB juice	20 popcorn juice	21 chewy granola bars juice	22 Pretzels crisps juice
25 Soft Pretzels juice	26 rice cakes juice	27 crackers w/ Peanut Butter juice	28 cheez-its juice	29 chips and salsa juice